



# What's in your food?

## Value and nutrition comparison—national brand vs. Wildtree

### Read this...



### Taco Seasoning

#### Nationally Known Brand

Maltodextrin, salt, chili pepper, onion powder, **monosodium glutamate**, corn starch, garlic powder, spice. Contains less than 2% of the following: **partially hydrogenated soybean oil**, silicon dioxide, natural flavor, **ethoxyquin**  
**\$2.03—serves 6—.34¢ per serving**

#### Wildtree

Masa Corn Flour, Chili Powder, Cumin, Sea Salt, Onion Powder, Oregano, Garlic Powder, Black Pepper  
**\$7.00—serves 18—.34¢ per serving**

### Alfredo Sauce

#### Nationally Known Brand

Dehydrated Parmesan, Cheddar, Blue Cheese Blend (milk, salt, cheese cultures, enzymes, whey, **partially hydrogenated soybean oil**, maltodextrin, non-fat dry milk, natural flavors, disodium phosphate, sodium caseinate, lactic acid, mono and diglycerides, citric acid) corn starch, wheat flour, maltodextrin, whey protein concentrate, **hydrolyzed corn protein**, salt, **partially hydrogenated soybean oil**, spice  
**\$4.59—serves 4—\$1.14 per serving**

#### Wildtree

Cheddar cheese, whey, cream, sweet cream buttermilk, salt, garlic powder, spices, Parmesan cheese, dehydrated parsley, citric acid  
**\$17.00—serves 20—.85¢ per serving**

### Marsala Sauce

#### Nationally Known Brand

Sweet Marsala Wine, enriched flour, maltodextrin, salt, corn starch, butter, molasses, dextrose, roasted garlic, sugar, non-fat milk, **autolyzed yeast extract**, natural and **artificial flavor**, **partially hydrogenated soybean and cottonseed oil**, cream, spices, **hydrolyzed vegetable protein**, onion powder, chives, xanthum gum, **artificial color**, cream of tartar, parsley, garlic powder, chicken fat, white wine powder, corn syrup, **partially hydrogenated**, **coconut oil**, **monosodium glutamate**, disodium guanylate, disodium inosinate, sodium caseinate, lactose, sherry wine, chicken powder, chicken broth, corn syrup, **sulfiting agents**, egg yolk powder, soy lecthin...  
**\$No comparison**

#### Wildtree

Water, Lemon Juice, Marsala Wine Extract, Cornstarch, Chicken Extract (chicken broth, extract of rosemary), Thyme, Mushroom Powder  
  
No comparison

### Fajita Seasoning

#### Nationally Known Brand

Corn Starch, **Hydrolyzed Corn and Soy Protein**, Sugar, Salt, Maltodextrin, Spice, Chili Pepper, Onion Powder, Garlic Powder, **Partially Hydrogenated Soybean Oil**, Citric Acid, Artificial Color, Silicon Dioxide, Natural Smoke Flavor, **Sulfiting Agents**, **Ethoxyquin**  
**\$2.03—serves 6—.34¢ per serving**

#### Wildtree

Chili Powder, Cumin, Sea Salt, Lime Juice Powder, Onion Powder, Garlic Powder, Black Pepper, Oregano, Vegetable Fiber  
**\$9.00—serves 36—.25¢ per serving**

### Meatloaf Mix

#### Nationally Known Brand

Bread Crumbs, **High Fructose Corn Syrup**, Corn Syrup, **Partially hydrogenated vegetable oil**, water, salt, yeast, honey, molasses, sugar, wheat gluten, whey, soy flour, whole wheat flour, rye flour, corn flour, oat bran, corn meal, rice flour, potato flour, butter, dough conditioners (mono and diglycerides, sodium and/or calcium stearoyl lactylate, soy lecthin, calcium carbonate) yeast nutrients, (ammonium sulfate, calcium sulfate, monocalcium phosphate, distilled vinegar, skim milk, buttermilk, lactic acid, calcium propionate (**preservative**), potassium sorbate (**preservative**)).  
**\$3.00—makes one 1lb. meatloaf, serves 7—.42¢ per serving**

#### Wildtree

Oats, Onion, Garlic, Black Pepper and Herbs  
  
**\$5.25—makes one 2lb. meatloaf, serves 14—.38¢ per serving**